

Walking Through Transition



Like people, houseplants sometimes need to be moved to a new place in order for them to grow and thrive.

Imagine a pretty little plant living comfortably in its little pot.

But the Gardener who cares for this plant has decided that it's time for a change. Flipping the pot over and gently loosening the soil with a trowel, the plant is released from its home yet still maintains the shape of the pot.

For the plant to survive, and hopefully thrive in its future home, the Gardener must ensure that the roots are unbound. This may involve tearing off the bottom portion of the root ball. For larger more established plants, it may mean jamming gardening shears into the root ball and forcefully cutting the roots at various angles. It's a violent process, but essential for a successful transplant.

The plant in this phase has no pot, no home but the Gardener's hands.

Once in the new pot, the plant looks awkward and fragile. It requires extra care and attention as the roots begin to adapt and absorb the nutrients from the new environment. You'll notice that some of the old soil has remained with the plant, it never goes away.

Once settled in, the plant begins to thrive. The new, larger pot has provided the plant new opportunities for growth and flourishing.

Identify two transitions during any period of your life.

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What were the losses in each of these experiences?

What were the eventual gains in each of these experiences?

Name a current transition.

- What is ending or has ended?
- How are you feeling about that?
- What's confusing?
- How is our Father looking at you?
- What hints of the new beginning are you sensing?
- What extra care and grace do you need to extend to yourself, to others?
- Talk to Him about those things, thanking him for what you can and surrendering it all to Him.